# Presenting the 2018 Texoma > Earth Day Festival



Free Admission & Parking

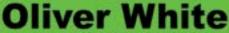
April 21, 2018 - 9am-4pm Sherman Municipal Grounds



Keynote Speaker: Dan Phillips - Phoenix Commotion 11 AM - 12 PM: "Balancing the Earth Books"

Constructing homes with recycled & salvaged materials!





Solo Acoustic Show from 12-1pm!

Speakers & Workshops - Children's Art Show Art, Music - Pet Adoptions - Blood Drive Food - "Trashian" A Trash Fashion Show! Kids Activities - Recycling (E-Waste, Styrofoam, Plastics, paper, Paper Shredding, Clothes, RX Drugs Clothes, RX Drugs)





www.EarthdayTexoma.org



# **Entertainment Schedule**

# Gazebo - Main Stage

9:00–9:30 a.m. Sherman Parks & Recreation –

**Dallas Fitness** 

9:30–10 a.m. Dillingham Intermediate Choir

10:00–10:30 a.m. Tai Chi for Health

10:30–11:00 a.m. Lift/Dance/Fitness

11:00 a.m.-Noon Keynote Speaker

(Municipal Ballroom)

**Dan Phillips** 

"Balancing the Earth Book"

Constructing a Home with Recycled and

Salvaged Materials!

Noon–1:00 p.m. Oliver White

Solo Acoustic Show

1:00–1:30 p.m. Little Goddess Trybe

1:30–2:00 p.m. Denison Family Karate

2:00–3:00 p.m. Austin College Consort

3:00–3:30 p.m. Grayson College Art Department

TRASHION 5

3:30–4:00 p.m. Jan's Musical Memories

ANNOUNCEMENTS & DRAWINGS ON THE HOUR!

# **Workshop Schedule**



# **Classic of Texoma Workshop Tent**

9:50–10:40 a.m. Linn Cates

Monarch Waystation – behalf of Hagerman

Wildlife Refuge

11:00 a.m.-Noon Keynote Speaker

(Municipal Ballroom)

Dan Phillips

"Balancing the Earth Book"

Constructing a Home with Recycled and

Salvaged Materials!

12:30–1:20 p.m. Joey Smith

Recycling dead laptop batteries to create

power banks

1:30–2:20 p.m. Marianna Perkins

Downsizing and reducing your footprint

2:30–3:20 p.m. Kate Saling

Leave No Trace

# **Door Prizes at every workshop!**

You must attend the workshop to be eligible to win!



# Recycling



**Pecan & Elm Street in Sherman** 



9 a.m.-3 p.m.

It Matters...



Electronic Waste, Appliances, Clothing, Shoes, Batteries and



Cardboard, Paper, Styrofoam, Plastic Medicine Bottles. Ink Cartridges, Cell Phones



Paper Shredding

Sherman Police: Prescription Drug Collection 10 a.m.-2 p.m.







# **Children's Activities**

# **Municipal Ballroom**

#### **Amazing Skippy**

Austin College Bat Outreach (education and awareness)



#### Fred Douglass Early Learning Center Recycled Sculpture Show

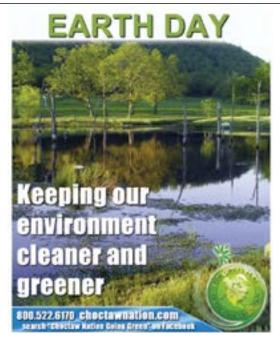
**Ghost Town Arts Collective coloring station** 

**Grayson College Art Department** (seed planter boxes from recycled paper)



#### **Grayson County 4-H**

(nature activities and youth development)



Thanks for providing recycling services.



An environmental-action small-ministry circle

# **Red River Unitarian Universalist Church**

515 N. Burnett Ave., Denison, Texas 75020

Our purpose is to educate and to live environmentally aware practices. Facilitator: Amy Hoffman-Shehan (903-821-8198)

#### www.rruu.org

All those who love the Earth are welcome!

Thanks for organizing the Earth Day Festival.



# **About the Entertainment**

#### **Municipal Ballroom**

11:00 a.m. to Noon



Balancing the Earth Books Dan Phillips Keynote Address

**Dan Phillips** is founder of Phoenix Commotion, a building initiative in the Huntsville, TX area. He is out to prove that constructing homes with recycled and salvaged materials has a viable place in the building

industry. This process uses only apprentice labor and teaches marketable skills to anyone with a work ethic who is willing to swing a hammer. By keeping labor costs low and using donated or found materials, the homes built by Phoenix Commotion are truly affordable. No two are alike due to the myriad of materials used. There is an artistic element that makes Phoenix Commotion homes unique. They target single parents, artists and families with low incomes. The homeowner must be involved with the planning and construction. The result is a person who is empowered, not only by useful knowledge of building skills, but also by the opportunity to become a part of the community as a vested participant.

Join us in the Sherman Municipal Ballroom at 11:00 to see pictures of the houses and hear more about this important work.

# Main Stage - Gazebo

9:00 to 9:30 a.m.

#### Sherman Parks and Recreation - Dance Fitness

Breaking the mold of your typical dance fitness class, Sarah Pierce is incorporating 6 plus years of Group X Instructing, Zumba, U-Jam, Yoga Stretch, Bootcamp, R.I.P.P.E.D, TRX, and more, to create a fusion of techniques from these different styles. Monday and Tuesday classes focus on Dance and H.I.I.T. fitness with a high calorie burn. Thursday classes focus on core strengthening. Classes are Monday through Thursday from 6:30 – 8 p.m. at Glennie O Ham Community Center in Sherman.



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Brad Douglass, President brad@douglassdist.com

www.douglassdist.com

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9:30 to 10:00 a.m.

#### **Dillingham Intermediate School Choir**

The Dillingham choir is made up of the 6th grade beginning performance class focusing on expression through vocal music. The children learn about their voices, healthy singing techniques, sight reading and vocal harmony through a varied repertoire of songs from around the world. We have 125 members this year and have performed several times in the community. Our final concert in May will be at a judged contest and we are proud to be able to participate in the Earth Day Celebration, presenting our contest pieces "Yo Vivo Cantando" by Jerry Estes and "One World" by Albrecht and Althouse.

10:00 to 10:30 a.m.

#### Tai Chi for Health

Tai Chi is a very old Chinese martial art form dating back to the 12th century CE. It can be thought of as a slow moving meditation. Tai chi is performed slowly, softly, and gracefully with smooth and even transitions in between each movement. You get the same benefits of an aerobic workout without the jarring on the joints, which is great for arthritis. You will learn how to release your stress for better health, improve your balance to help prevent falls, strengthen your muscle and bone mass, relax your mind and body, breathe properly, improve your circulation, flexibility and posture. Tai Chi is also known to lower your blood pressure and help with depression. In recent studies on Tai Chi it has been proven that Parkinson's and Fibromyalgia patients have made big improvements. Although you would not think so, every movement is for self-defense. You're never too old to start. Come have ONE FREE CLASS.





#### **Dance Fitness**

A new style of dance fitness class.

Classes are Monday through Thursday from 6:30 – 8 pm at Glennie O Ham Community Center.

Sarah Pierce, Dance Fitness Instructor Glennie O Ham Community Center 1002 N Music St; Sherman 903-892-7308





Dr. Jeannine Hatt, MD Dr. Chuck Phelps, MD (903) 416-6200

> Promoting a healthy planet for healthy lives!



# Mory Therapy / Venue Off the Square

219 S Travis St Sherman TX 75090

Thanks for providing meeting space.

10:30 to 11:00 a.m.

#### Lift Dance/Fitness/Arts

Our vision at LIFT Dance | Fitness | Arts is be a safe, wholesome fun place for families and people of all ages to learn and develop skills in dance, fitness, and the arts. We have something for the whole family - dance and tumbling classes for children ages 2-13; and group fitness for ages 13 & up offering unlimited Zumba, Pilates, Yoga, Barre Fitness, and Aerial Yoga class. Our 4,000 square foot state-of-the art facility combined with caring and experienced instructors makes a winning combination for our customers!

Noon to 1:00 p.m.

#### Oliver White, Solo Acoustic Show

Oliver White is singer/song writer and has been band leader and guitarist for The Oliver White Group since 2000. He hosts Open Mike Wednesdays at Bubba's Brewhouse in Oak Ridge. He studied at Southeastern Oklahoma State University in 1990 and 1991. Oliver blends elements of blues, rock, folk and funk. The result is Americana music for everyone. Steeped in Texas tradition while being firmly rooted in the banks of the Red River, Oliver's musical style is unique and genuine. Most of Oliver's original material is based on actual events and real people. Some of them are about events that are better left in stories than reality. Stories about people's real problems and hardships, masked by a pleasant tune to keep your head bobbing. Songs of pain. Songs of betrayal. Songs of love. Real songs.



#### PRESENTING CONSORT

Dr. Wayne Crannell Associate Professor of Music Director of Vocal and Choral Music Director of International and Travel, Jan Term

900 N. Grand Avenue, Suite 61599 Sherman, Texas 75090 www.austincollege.edu/music

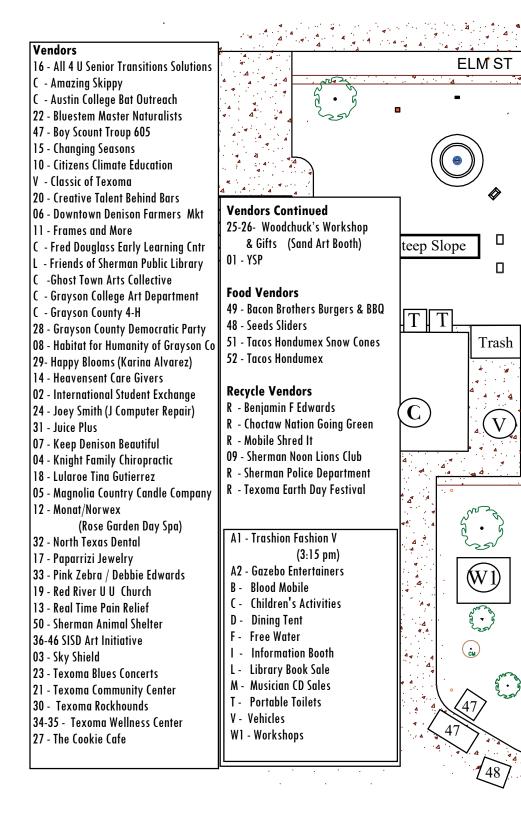
www.scotlandjanterm.net

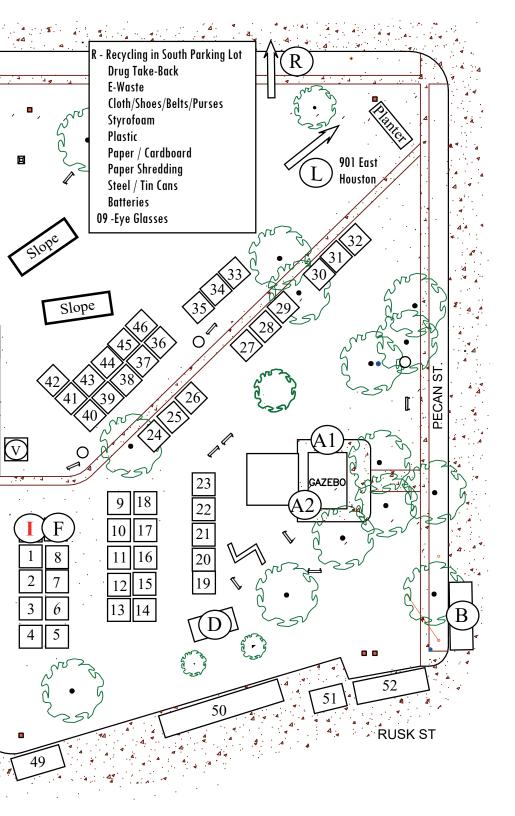


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2300 W. Morton Denison TX 75020 Phone: 903 465 2227 Sam Perez, Chief Instructor 8th Degree Black Belt

www.denisonfamilykarate.com













We are brave, curious and compassionate thinkers and doers. We are Unitarian Universalists.

Red River UU Church 515 N Burnett Ave, Denison



#### **Sherman Animal Shelter**

1800 E. Ida Road Sherman, TX 75090 903-892-7255



Hours: 10 a.m.- 4 p.m. Monday, Tuesday, Thursday, Friday, Saturday 1:00 to 1:30 p.m.

#### **Little Goddess Trybe**

Little Goddess Trybe is Texoma's first and only American Tribal Style Belly Dance Troupe. Little Goddess teaches and performs American Style Bellydance as created by Fat Chance Belly Dance and its founder Carolena Nericcio. The dancers use a vocabulary of movements, steps and cues that allows them to create a spontaneous improvisational performance that appears choreographed. Please take the opportunity to speak with us after the performance and learn how you can get a FREE CLASS!

1:30 to 2:00 p.m.

#### **Denison Family Karate**

Denison Family Karate Center has been offering instruction and training in American Tae Kwon Do since 1984. Located at 2300 W. Morton Street in Denison, TX, we have helped create winners in martial arts as well as in life. Headed by Master Sam Perez we offer a number of programs for physical fitness and instruction in Tae Kwon Do.

Mr. Perez began his martial arts instruction in the 1970s while serving in the United States Marine Corp. He has attained mastery in American Tae Kwon Do and has much knowledge in other styles including Kobudu, Aikido, Aki Ju Jitsu, Krav Maga, Judo, Kenpo, and Military Hand-To-Hand combat. Mr. Perez is at the level of 8th degree Black belt in Tae Kwon Do which carries the title of Grand Master and a 1st degree Black belt in Kobudo (weaponry). With more than 26 years as a karate instructor, Mr. Perez is a 6th degree black belt in American Tae Kwon Do. He received the 2004 award of "Instructor of the year" from A-kaTo, a credible five state Tae Kwon Do organization.







We are proud to participate in the Earth Day Celebration, presenting our contest pieces
"Yo Vivo Cantando" by Jerry Estes and
"One World" by Albrecht and Althouse.

Pam Hamer, Director

1701 East Gallagher Drive, Sherman, TX 75090 903-891-6495

phamer@shermanisd.net

#### Step-by- step demostration

# Recycling Dead Laptop Batteries to Create Power Banks with Joey Smith



12:30 to 1:20 p.m. Classic of Texoma Workshop Tent



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2:00 to 3:00 p.m.

#### **Austin College Consort**

The Austin College Consort is part of the Choral Department at Austin College. Founded in 1995 by Dr. Wayne Crannell who is currently Director of Choral & Vocal Music at Austin College, it is a 10 voice a cappella group singing vocal jazz and pop music. The members are all undergraduates from all areas of the college. Several are voice majors, but most sing in the various groups alongside their academic pursuits which include education, pre-med and pre-law, and majors from across the campus.

3:00 to 3:30 p.m.

#### Grayson College Visual Arts Department – Trashion Fashion V

The Grayson College Visual Arts Department will organize a runway fashion show consisting of apparel created from discarded, unwanted, and leftover materials, recycling these materials into high fashion designs. This "Trashion Show" will surely delight the environmentally conscious as well as creative types as the designers explore the possibilities of garbage garments and cast-off couture.

For more information about the Grayson College Visual Art Department's events please visit their Facebook Page: https://www.facebook.com/GraysonCollegeVisualArtsDepartment

Grayson College Visual Arts Department hosts "TRASHION V" a runway style trash fashion show. According to wiseGEEK.com, Trashion is a word which is used to refer to objects and garments produced from discarded, unwanted and leftover items. Trashion encompasses everything from home décor to garments, and public interest in trashion started exploding in the 1990s when being environmentally ethical while staying chic started to come into style. Trashion is considered to be a form of upcycling which refers to repurposing things for new uses, rather than simply getting rid of unwanted objects.





#### Give the Gift of Life

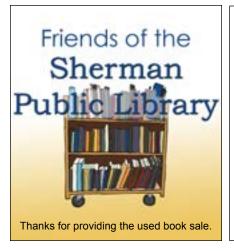
3911 Texoma Parkway Sherman, TX 75092 903-893-4314 www.texomablood.org

Thanks for providing the blood drive.

# **AC Bat Outreach**

Austin College Biology
Department

In Municipal Ballroom





In Municipal Ballroom



#### **Texoma Wellness**

Chiropractic + Massage + Decompression + Fitness

Dr. Dave Tuck, D.C. Chiropractor Personal Wellness Coach Yoga Instructor RYT-200

Gainesville (940) 665-0088 Whitesboro (903) 564-9815 Sherman(903) 328-6554 3:30 to 4:00 p.m.

#### Jan's Musical Memories

A life-long Texan singing since childhood, Jan performed with the Dallas Symphony Chorus in the '80s and created Jan's Musical Memories in 2005 bringing her entertainment to senior living facilities, special events and private parties throughout the Metroplex. Since moving to Texoma in 2007, Jan performed in Sherman Community Players' production of "The Music Man", the Rehabilitation Center's Search for the Stars, The Villagers' Chorale concert seasons, Red River Mardi Gras and at the lounge in Fulbelli's Restaurant in Sherman. Using recorded CDs, her songs reflect music for all generations. Jan has been part of the Earth Day Texoma Festival entertainment since its beginning in 2008. In 2013, she stepped in to announce performances on the stage and in 2014 became Entertainment Coordinator for the Festival working year round to bring a wide range of performances to the day. Congratulations to Earth Day Texoma on celebrating its 10th anniversary.









Jan Fletcher 1050 Hazelwood Road Sherman TX 75092 Cell:

972-897-5796

Musical Memories to Lighten Your Heart

Email: jans melodies@msn.com Performing:



Big Band & Pop Standards, Classic Country, Early Rock 'n Roll, Broadway Blockbusters, Nostalgic Oldies & Sing Alongs,

Hymns & Gospel, Special Holiday Music.

Visit "Jan's Musical Memories" on Facebook

# **About the Workshops** '

### **Classic of Texoma Workshop Tent**

9:50 to 10:40 a.m.

#### **Monarch Waystation**

Participants will gain familiarity with the national movement to install resting places for monarch butterflies (Danaus plexippus) in their northward and southward migrations. This beautiful creature has become endangered due to the destruction of habitat. Citizens are making a difference with mindful planting of native vegetation that provide nectar and milkweeds, which host eggs, larval, and pupal stages of the butterfly. Participants learn how they might take part in this movement and participate in sustaining the habitat of a key indicator species.

**Linn Cates** is a native Texan and a graduate of UT Austin. She was a founder of the Belden Street Montessori School in 1985. After retirement, she became passionate about the prairie. She is a certified Texas Master Naturalist and a tireless worker at the Hagerman Butterfly Garden, a registered Monarch Waystation.

#### 12:30 to 1:20 p.m.

#### **Recycling Dead Laptop Batteries to Create Power Banks**

His workshop will be a step by step demonstration on how to take dead laptop batteries and give them a second life as a battery pack to power other devices.

**Joey Smith** has worked in information technology for over 10 years, serving two public schools in Oklahoma. This summer he decided to reduce his energy footprint by converting his lighting to 12 volt and using solar energy recharge his current lead acid batteries. While searching for a way to optimize his solar setup, he ran across the idea of using dead cells from laptop batteries. Working at two public schools, he had access to many "trashed" batteries. He took





Thanks for sponsoring Children's Activities and the Recycled Fashion Show.





this as an opportunity to make green energy by using the cells of dead laptop batteries.

#### 1:30 to 2:20 p.m.

#### **Downsizing and Reducing Your Footprint**

Learn how to reduce your carbon footprint by simplifying and learning new tools to dispose of and/or recycle many household items.

**Marianna Perkins** has lived in the Texoma area for many years. She has worked in senior living for sixteen years, ranging from long term care to independent living. She spent several years in ministry starting "All 4U Senior Transition Solutions" in 2017 to help local Seniors transition into a different living space, from downsizing to setting up in a new home or apartment. She and her husband, Gary, currently reside in Sherman with their youngest daughter.

#### 2:30 to 3:20 p.m.

#### **Leave No Trace**

Calling all hikers, campers, and outdoor adventurers! Whether you're a lifetime lover of the wild or someone who wants to get out a little more, drop by and learn how to protect the outdoors. Learn how to be more prepared and how to leave a smaller impact on the land and its wildlife. We'll cover "Leave No Trace" principles and discuss ways to spread this message in your community.

Ranger **Kate Saling** has worked at Eisenhower State Park since 2015. Her role at the park is to introduce people to the wonders of the natural world and inspire them to protect those areas. Before joining Texas Parks and Wildlife she served three terms with AmeriCorps in Minnesota, Nevada, and Texas, where she learned how to build hiking trails, improve timber stands, and restore endangered habitat for wildlife.







# **Sponsors**

#### Conservationist

Earth Day Planning Committee

#### **Environmentalist**

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Choctaw Print Services
Classic of Texoma
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Jan's Musical Memories

#### **Ecologist**

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#### **Preservationist**

Ghost Town Arts Collective Hilton Garden Inn SISD Arts Initiative Texoma Wellness Center

#### Recycler

All 4 U Senior Transition Solutions Amazing Skippy Austin College Bat Outreach Austin College Consort Denison Family Karate Dillingham Intermediate Choir Downtown Denison Farmers Market

Eisenhower State Park
Fred Douglass Learning Center
Friends of Hagerman Wildlife
Refuge

Friends of Sherman Public Library
Joey Smith
Lift Dance Fitness
Little Goddess Trybe
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