

April 26, 2014 8:30 AM - 5 PM Sherman Municipal Grounds Keynote Speaker: Dan Lepinski

# Featuring:

Speakers & Workshops

Children's Art Show

Art, Music, Food Pet Adoptions

Kids Activities

Vendors

"Trashian" - A Trash Fashion Show

Recycling (E-Waste, styrofoam, plastics, paper, paper shredding, clothes)



FREE ADMISSION & PARKING www.EarthdayTexoma.org



# Main Stage – Gazebo

8:30 — 9:00 am	S & S Children's Choir Local children's music group
9:10 - 9:20 am	Jan's Musical Memories Songs for all generations
9:30 - 10:15 am	Colton Jacobson Young Pop Singer
10:30 — 10:50 am	<b>Sherman Karate</b> Demonstration of Karate Technique
11:00 – Noon	Attend Keynote Address in Workshop Tent 1
Noon – 12:30 pm	<b>Grayson College Music Dept</b> Music Department Showcase
12:30 – 1:00 pm	<b>Tai Chi for Health</b> Demonstration of Tai Chi moves
1:00 – 1:30 pm	Lanny Joe Burnett Western stories & songs
1:30 – 2:00 pm	<b>Little Goddess Trybe</b> Demonstration of Belly Dancing
2:00 – 2:30 pm	<b>Melody Ranch Ramblers</b> Bluegrass band
2:45 - 3:15 pm	<b>"Trashion" Fashion Show</b> Grayson College Art Department
3:30 – 5:00 pm	Emily Claire Indie Singer/Songwriter

Demonstrations take place on the ground in front of the stage.

# Children's Activities & Acoustic Tent

9:30 - 10:15 am	Red River Valley Dulcimer Club Mountain & hammered dulcimer music
11:00 – Noon	Attend Keynote Address in Workshop Tent 1
Noon – 12:45 pm	Sacred Songstress Songs of healing
1:00 – 1:45 pm	Chrystal Music Circle Folk, Bluegrass & Gospel with Autoharps & More
2:00 – 2:45 pm	Lanny Joe Burnett Cowboy Storyteller
3:00 – 3:45 pm	<b>Devonshire Recorder Consort</b> Classical & Folk

Grayson College Art Department

Toilet roll people

Children's Advocacy Center

Fabric crafts

Friends of Hagerman NWR/Bluestem Master Naturalists

Nature crafts

**Acoustic Music** 



Look at our website for a directory of Local Food Producers and Markets and to learn how YOU can get involved in making Texoma green!

Thanks for providing Graphic Design Services

The Giving Council for the Denison Caterpillar facility in support of the corporate commitment to sustainability is proud to provide sponsorship to Earth Day Texoma.



Workshop A	Area 1	_ /	merican	Rank	of	Tevas	Tent	1
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9:50 - 10:40 am	Sleeping Mats For the Homeless – Hands On Demo
11:00 – Noon	Building Green Isn't Just for Experts Dan Lepinski Keynote Speaker
12:30 – 1:20 pm	Radiant Skin Naturally
1:30 – 2:20 pm	What is a "Green Diet"? Eating for Health & Weight
2:30 – 3:20 pm	Geothermal HVAC Units – What and Why

# Workshop Area 2 – American Bank of Texas Tent 2

9:50 - 10:40 am	Rain Barrels & More
11:00 – Noon	Attend Keynote Address in Workshop Tent 1
12:30 – 1:20 pm	Ditch Toxic Chemicals – Stay Healthy Naturally
1:30 – 2:20 pm	Save Money by Using Seeds
2:30 – 3:20 pm	Mosaics from Found Objects
3:30 – 4:20 pm	Mosaics from Found Objects



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# WELLS FARGO

# **ADVISORS**

Sherman TX Branch 2027 Texoma Pkwy Sherman, TX 75090 Phone: (903) 893-0101

Thanks for sponsoring our T-Shirts!

# Texoma Earth Day Festival

#### Main Stage – Gazebo

8:30 - 9:00 am

#### S & S Children's Choir

S&S Children's Choir is an after school choir of third, fourth, and fifth graders that have been performing and competing for the last 6 years. In that time Mrs. Patsy Patty, their director, and the choir have performed with Sherman High School, Denison High School choir, Waples United Methodist church choir, school board meetings, building projects, Veteran's Day programming, and Texoma Earth Day Festival (sixth year). They have competed each of the six years at Sandy Lake Choir Competition in Dallas where they have consistently earned Superior ratings and Best in Class Awards.

9:10 - 9:20 am

#### Jan's Musical Memories

Jan Fletcher is performing throughout the Metroplex since 2005, sharing musical memories in many venues. She's been a member of the Dallas Symphony Chorus, Sherman Villagers Chorale and entertains for private parties, events. She recently performed at Fulbelli's Restaurant in Sherman, Texas. Using recorded CD's her songs reflect music for all generations and can be customized for specific needs. Let her share her enthusiastic joy of music and memories through her variety of programs for your next event or party.



9:30 - 10:15 am

#### Colton Jacobson

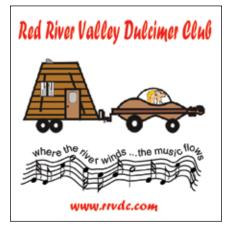
With over 6 Million YouTube views, Colton Jacobson has become one of YouTube's most promising young artists. The singer is Twitter VERIFIED and has gained over 36 Thousand Facebook Fans and 155 Thousand Twitter Followers, building a foundation of fans that are truly inspired by his music. Colton released his debut album "Unstoppable" in January 2013 to help bring awareness to the epidemic of bullying. Colton has gained praise in the media for his music and positive message. Colton has appeared on the "Good Day Show" – KDFW FOX 4, "Texas Living", Nashville's "TN Morning Show", Kidd Kraddick In The Morning Show and The Dallas Morning News.

10:30 - 10:50 am

#### Sherman Karate

Sherman Karate is a martial arts class available to ages 5 and up. Tae Kwon Do forms systems are incorporated as well as self defense techniques derived from Aikido and Jujitsu. Tae Kwon Do is an art from the country of Korea and is practiced in almost every country in the world and is widely used as a means of fitness and recreation. Physical benefits include improvement in strength, flexibility, agility, focus, and coordination. Quality of character is an added bonus.

**Sherman Karate** classes are taught by Terry Templeton, a 4th degree black belt with 18 years of martial arts experience and 13 years of instructional experience. Mrs Templeton believes: "It is my mission to guide every student to their potential and to see beyond it. I strive to instill in each student a desire to learn and to achieve their personal best."



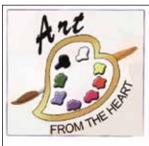


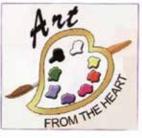
Noon - 12:30 pm

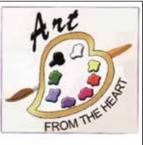
# Grayson College Music Dept.

Grayson College Music Department will feature students and faculty performing a variety of genres in solo and ensemble settings. At their booth they will be collecting used instruments in any condition to be recycled. Grayson music students will use instruments that are still playable and instruments that are not playable will be transformed into art projects. All proceeds from the donations will go directly to Grayson College.

Grayson College Music Department offers an Associate of Science degree in Music. The degree provides a full curriculum of music and core courses designed to prepare students to transfer into a four-year program. We are located on the main campus in the newly renovated Arts and Communication building furnished with a Band Hall, Choir Room, Computer/keyboard lab, Professional Recording Studio, and 12 full-sized practice rooms. In addition to the state of the art facilities, Grayson music students have access to a highly qualified staff of instructors offering courses in music theory, ear training, music literature, audio engineering, music business and marketing, performing ensembles, and private lessons. For more information about the courses offered, or available scholarships contact: Dr. David R, Tercero, (903) 463-8728, tercerod@grayson.edu







# Art classes for ages 2-102

314 N Walnut, Ste D Sherman, TX 75090 903-819-4213

Hours: M-F 4-5:30 pm, Sat 2-3:30 pm

Thanks for sponsoring the Children's Art Show

12:30 - 1:00 pm

#### Tai Chi for Health

Tai Chi is a very old Chinese martial art form dating back to the 12th century. Often thought of as a slow moving meditation, Tai Chi is performed slowly, softly and gracefully with smooth and even transitions between each movement. You gain the same benefits of an aerobic workout without the jarring on the joints. In Tai Chi you will learn how to release your stress for better health, improve your balance and prevent falls, strengthen your muscle and bone mass, relax your mind and body, breathe properly, improve your circulation, flexibility and posture. Tai Chi is also known to lower your blood pressure and help with depression. You are never too old to begin.

**Debra Williamson** is a 4th degree black belt with 30 years experience in the martial arts. She is a native of Sherman, Texas. She currently is teaching Tai Chi and Karate in the Sherman area at her Dojo in Westwood Village. For more info call 903-786-4923.

1:00 - 1:30 pm

#### **Lanny Joe Burnett**

Lanny Joe Burnett is a Poet, Storyteller Extraordinaire who also Sings. Lanny Joe was raised on a ranch in Fannin County, Texas. The son of 5th generation Texans, he learned at an early age the responsibility of being a steward of the land. After graduating from East Texas State University, Lanny Joe taught school, was a ski instructor, raced motorcycles, worked as a cook, and was a sales trainer and motivator. He's been a cowboy all his life. The Academy of Western Artists and the Western Music Association have nominated him as "Cowboy Poet of the Year". He is proud to drive a pickup truck that makes carwash employees run for cover. Contact Lanny Joe at 903-583-0124 or lannyjoe@cableone.net.





An environmental-action small-ministry circle

# Red River Unitarian Universalist Church

515 N. Burnett Ave, Denison, Texas 75020

Our purpose is to educate and to live environmentally aware practices.

We meet at 7:30 PM on the 3rd Tuesday of each month.

Facilitator: Amy Hoffman-Shehan (903-231-3232)

www.rruu.org

All those who love the Earth are welcome!

Thanks for organizing the Earth Day Festival



1:30 - 2:00 pm

#### Little Goddess Trybe

Texoma's first and only American Tribal Style Bellydance Troupe. Little Goddess Trybe is an American Tribal Bellydance Troupe providing dance instruction and performances based out of Denison, Texas. Little Goddess Trybe teaches and performs American Tribal Style Bellydance as created by Fat Chance Belly Dance and it's founder Carolena Nericcio. The dancers use a vocabulary of movements, steps, and cues that allows them to create a spontaneous improvisational performance that appears choreographed. Contact them through their website at www.littlegoddesstribal.com.

2:00 - 2:30 pm

#### **Melody Ranch Ramblers**

Melody Ranch Ramblers, formerly Bits & Pieces at Melody Ranch, are seasoned musicians who enjoy getting together and making music. Although their repertoire includes country, they especially enjoy bluegrass and bluegrass gospel tunes. Instruments include guitar, banjo, mandolin, fiddle, dobro and bass. See them also at the Chrystal Opry House at Melody Ranch.

2:45 - 3:15 pm

#### "Trashion" Fashion Show

Grayson College Visual Arts Department will be hosting "Trashion", a runway style trash fashion show. According to wiseGEEK.com "Trashion is a word which is used to refer to objects and garments produced from discarded, unwanted, and leftover items. Trashion encompasses everything from home décor to garments, and public interest in trashion started exploding in the late 1990s, when being environmentally ethical while staying chic started to come into style. Trashion is considered to be a form of upcycling which refers to repurposing things for new uses, rather than simply getting rid of unwanted objects.



#### **Emily Claire**

Emily Claire Shlesinger is a Singer-Songwriter and a 16-year old student at JJ Pearce High School. She has been performing in and around the Dallas area for several years and already has four original songs on Itunes. Her song, "Me and You," was selected as a semi-finalist in the International Independent Music Awards and she was recently featured on Reverbnation as the Featured Artis of the Day. Emily plays both guitar and piano and her style is currently inspired through a blend of Ed Sheeran, Marina and the Diamonds, Kimbra and Imagine Dragons. She has performed in such venues as SXSW, Six Flags Over Texas, The Palladium, House of Blues, Hard Rock Cafe, House of Dereon (Houston), Frisco Freedom Festival, and numerous local restaurants.

To learn more about Emily Claire go to www.EmilyShlesinger.com. For booking information call Barbara Shipper at 972-841-2121.



#### Children's Activities & Acoustic Tent

9:30 - 10:15 am

#### **Red River Valley Dulcimer Club**

The RRVDC is returning for their fifth year performing at the Texoma Earth Day Festival. They are a local club comprised of members from all over the Texoma area playing many acoustical instruments but primarily the hammered dulcimer and the mountain or lap dulcimer. They meet the 3rd Saturday of the month at First Baptist Church of Durant and meetings are open to all.

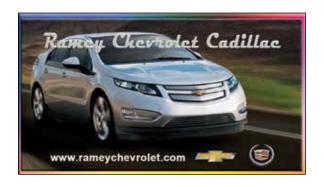
Each year in October they host a free weekend festival (October 9-12th 2014) called "Winter Creek Reunion Dulcimer & Acoustic Music Festival" which has free classes, jamming and entertainment and vendors.

Noon - 12:45 pm

#### **Sacred Songstress**

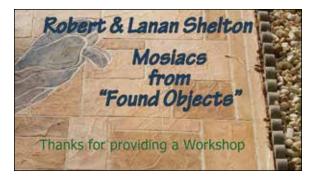
Zedrouh, The Sacred Songstress, will make a deep connection to Mother Earth, gifting Her with songs of purest love and healing. The songs, performed only once, range from lovingly playful to powerfully mysterious. You, too, will contribute to these frequencies of love, as the songs are created in the moment. You will be encouraged to open your hearts to receive the energies for your own healing and support.

The Sacred Songstress, Zedrouh Reich, delivers songs of healing and transformation in a language the heart understands. In her early 50s, Zedrouh's guides came forward to help her develop her powerfully loving voice and deep spiritual connection. Her life began to truly light up. First came her own physical and emotional healing as she released the pain, fear and sorrow she'd felt so long. For the first time since childhood she began to love herself and to attract the love she'd always longed for. And she came to understand her purpose in life: to help others heal physically, emotionally, and spiritually. Since then she has helped many overcome their unloving and limiting beliefs to see themselves in a new light and create a life of love, abundance and fulfillment.

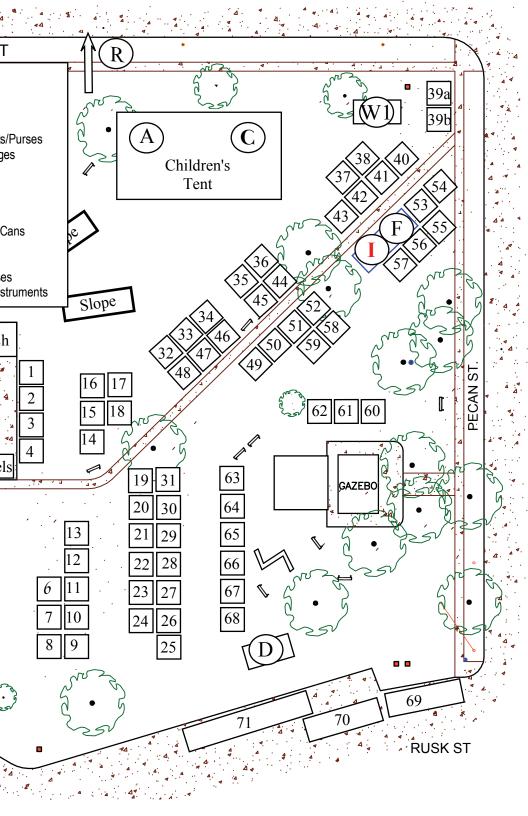








#### ELM'S **Vendors** 29 - 4 Winds Alpaca Fiber Farm R - Recycling 40 - All Season HVAC Services 28 - Origami Owl 20 - Art by Kim 33 - Pamper U By Gina RX Drugs C - Art From the Heart 2 - Ramey Chevrolet E-Waste 65 - Austin College Pedestrian Friendly 43 - Rampant Dragon Cloth City 17 - Red River Valley Dulcimer Shoes/Belt 31 - Bee Square Body Care Club Ink Cartride 63 - Beginning at Home Birth Services 68 - Renferno Silverware Art Styrofoam C - Belden Street Montessori School 39b - Results Environmental Pest Plastic 1 - Blake & Bob Utter Ford Management Paper 55 - Bois d' Arc Master Naturalists of 52 - Scentsy Fragrance Cardboard Fannin Co. 18 - Sherman Noon Lions Club Steel / Tin 46 - Caterpillar 61 - Sherman Parks & Recreation Steep Batteries C - Children's Advocacy Center 39a-Sun City Solar Energy 48 - Chrystal Opry House Music Circle I - Hats 50 - Tai Chi for Health/Juice Plus 71 - City of Sherman Animal Shelter 26 - Terry Lynne 18 - Eye Glass 42 - City of Sherman Pretreatment 66 - Texoma Parks & Trails 24 - Musical In Services Alliance 41 - City of Sherman Solid Waste & 34 - The Cookie Cafe Recycling 25 - The Naked Dawg Tras 27 - Colors in Stone 21 - The Sacred Songstress 67 - Colton Jacobson 44 - Tupperware 58 - Cypress Lake Ranch, LLC 5 - Two Bears Ranch 6-11 - Denison Farmers Market 38 - Wendy Acosta 56 - Denton Spice Company 22 - Woodchuck's Workshop 64 - Emily Claire & Gifts 51 - Everwood Woodcrafts Food Vendors 19 - Freda Rilev 70 - Lowe's BBQ C - Friends of Hagerman NWR Rain Barre 69 - Tacos Hondumex 35-36 - Grace United Methodist Church C - Grayson College Art Department **Recycle Vendors** 24 - Grayson College Music Department R - Choctaw Nation Going Green 14 - Grayson County Democratic Party R - Commodity Recycling 30 - Green Mountain Energy Solutions, LLC 47 - House of Birth R - Sherman Police (DEA Site 23 - Jazzy Fats Cajun Classic Praline Nationwide Drug Take-Back 53-54 - Jazzy Kreations 24- Grayson College Music Dept. 45 - Just Jewelry & Titanium Sports R - Mobile Shred-It Necklaces I - Red River UU Church 62 - Keep Sherman Beautiful 18 - Sherman Noon Lions Club 12-13 - Life Chiropractic & Family Wellness A - Art Shows 16 - Little Goddess Trybe C - Childrens Activities 37 - LXI Designs D - Dining Tent - Marion Moore Hill, Mystery Novelist F - Free Water 32 - Melody Ranch Ramblers I - Information Booth 15 - Modern Woodmen of America L - Library Book Sale 60 - Nature's Source 57 - New Leaf Tree & Shrub Care T - Portable Toilets 49 - Olin Chiropractic W1/W2 - ABT-Workshop Tents 59 - Optimum Family Wellness V - Fuel Efficient Vehicles



1:00 - 1:45 pm

#### **Chrystal Music Circle**

Chrystal Music Circle was formed to encourage individual who have either always wanted to play a musical instrument (acoustic) and are just beginning, or who know how to play but haven't touched an instrument in years due to conflicts with family and work. No one needs to feel bashful about joining in. The group welcomes any instrument and any musician regardless of skill level and is particularly focused on women and beginners of any age.

A wide style of music is played, from traditional blue grass to New grass, from gospel to folk music. Music is prepared and handed out in meetings which are held weekly - Contact Aleda Carpenter at 903-546-6893 for more information.

2:00 - 2:45 pm

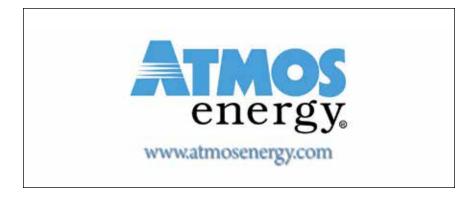
#### **Lanny Joe Burnett**

See description for 1:00–1:30 pm under Main Stage-Gazebo.

3:00 - 3:45 pm

#### **Devonshire Recorder Consort**

Devonshire Recorder Consort is a group of three local women – Mary Jo Tonelli, Carla Murphy, and Lois Roberts. This unique acoustic music group began making music together in 2009 and play classical pieces and folk tunes for local nursing homes and events such as Earth Day.













ABTexas.com

#### With Locations in:

Bonham

Dallas

Denison

Frisco

Gainesville

Leonard

McKinney

Pottsboro

Prosper

Sherman

Whitesboro

Thanks for sponsoring the American Bank of Texas Workshop Tent



George M. Diggs, Jr. Ph.D. Botanist Professor of Biology 903-813-2246 Exx 903-813-2420 Home 903-868-1642 gdiggs@austincollege.edu



AUSTIN COLLEGE

900 NORTH GRAND, SUITE 61564 SHERMAN, TEXAS 75090-4400

# Workshop Area 1 – American Bank of Texas Tent 1

9:50 - 10:40 am

# Sleeping Mats For the Homeless – Hands On Demo

Learn how to take trash and make it a treasure for a homeless person by using your unwanted plastic shopping bags to make sleeping mats. Many people are currently cutting the bags into strips, rolling them up and crocheting the bags into a take with you mat to hand out to our homeless population to sleep on. Don't know how to crochet? No problem! Just come with a willing heart and a pair of scissors, as the bags have to be stretched out, cut into strips, looped together to make "plarn" (plastic yarn) and rolled into a ball for someone else to crochet! There's something for everyone to do. If you do crochet, bring a size 10 crochet hook with you, as we have a "hands on" demonstration for this workshop!

Leadership, knowledge and hands on demo provided by the Membership Care and Community Outreach of Grace United Methodist Church in Sherman Texas.

11:00 am - Noon



# **Building Green Isn't Just for Experts** Dan Lepinski, Keynote Speaker

Internationally known solar-energy expert, Dan Lepinski, lived "off-grid" with his family in Wisconsin for eight years, with solar and wind energy their only sources of electricity. The 2400-square-foot all-electric home they currently occupy in Fort Worth uses solar electricity and hot water, plus numerous energy-efficient practices, yielding a monthly utility bill of \$48.

Dan Lepinski, a former broadcaster and editor of a magazine focused on renewable energy, he is known for his ability to discuss complex aspects of solar energy and energy conservation in plain, understandable English. 12:30 - 1:20 pm

# **Radiant Skin Naturally**

Terry Lynne will be exploring commonly used ingredients in skin care products, what they are and the effects they have on our body. Discussion will include natural alternatives, recipes and concepts including cleansing, moisturizing, facial mask, deodorant, toothpaste and more. Nutrition and the effects of our diet on skin health is also part of the topic. Ideas in upgrading our choices with foods that offer building blocks to bring vibrancy and vitality to our skin.

**Terri Lynne** is a certified herbalist who has a passion for developing our symbiotic relationship with nature. She is continuing studies instructed by K.P. Khalsa, president of the American Herbalists Guild, in Herbalism of the Ayurvedic, Chinese, and Western Traditions. Terri offers consultations in natural health guidance. The concepts shared in Radiant Skin Naturally have grown from research combined with personal experience.

1:30 - 2:20 pm

#### What is a "Green Diet"? Eating for Health & Weight

When one reads newspapers or magazines or listens to TV there are constantly changing messages about what foods you should eat. One day eggs are healthy, the next day they're poison, the next week they're healthy once again. One day you're told to eat more whole grains, the following week not to eat any at all. The purpose of this presentation is to cut through the misconceptions and misinformation and look at what the most recent scientific evidence says about a natural, real food, "green" diet. This type of diet is now being recommended by cutting edge health professionals and it is having profound impacts on the health and weight control of thousands of people.

George Diggs is a botanist and evolutionary biologist who has taught for more than 30 years at Austin College in Sherman, Texas. His research interests include the plants of Texas, biogeography, and the relationships between evolution, diet and human health. In his research he has traveled to all seven continents. He has co-authored four books including, The Hunter-Gatherer Within: Health and the Natural Human Diet, co-authored with Dr. Kerry Brock.



1206 Park Ave. Bonham, TX 75418 903-583-0124 lannyjoe@cableone.net www.lannyjoe.com

Thanks for providing a Workshop



# BELDEN STREET MONTESSORI SCHOOL

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618 W. Belden Street Sherman, TX 75092 (903)-868-1019 www.beldenstreet.org



# S & S After School Choir

Patsy Patty • 817-300-6420 S & S Elementary

Thanks for providing Entertainment

2:30 - 3:20 pm

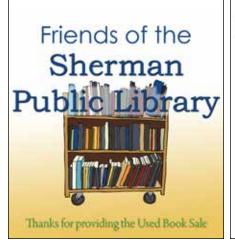
#### Geothermal HVAC Units - What and Why

Geothermal HVAC units can provide good benefits for the environment, save costs running and can earn you tax credits as well. By attending this workshop you will learn what Geothermal is and how to save money.

Jason Pearson has been in the HVAC (heating, ventilation, and air conditioning) industry since 1996. His impressive credentials include: 1998–Universal EPA certification–Environmental Protection Agency, 2006–Registered Technician–Texas Department of Licensing & Regulation, 2007–Installer's Certificate–Grayson College, 2009–Technician's Certification–Grayson College, 2011–Class A Combination License–Texas Department of Licensing & Regulation, 2011–Contractor in the state of Texas, 2013–Associates of Applied Science Degree in HVAC–Grayson College, 2013–Unlimited HVAC Contractor–state of Oklahoma, 2014–began Certification program for Geo Thermal–Climate Master.









# Workshop Area 2 – American Bank of Texas Tent 2

9:50 - 10:40 am

#### Rain Barrels & More

According to workshop presenter Gil Alexander, blue plastic barrels have a variety of uses around a farm, ranch, or home. The plastic barrels that are blue in color are extremely resistant to UV rays and may be counted on to last 6–10 years in direct sunlight. This workshop will illustrate how we use these barrels around the ranch.

Samples of the following will be shown.

- Raised bed garden in half barrels
- Strawberry bed barrels
- Dog house barrels
- Water gap solution barrels
- · Mineral feeder barrels
- Rain barrels

The workshop will include a demonstration on how to make your own rain barrels. Barrels will be available for purchase for \$15 each.

Gil Alexander grew up in Sherman and graduated from Sherman High School in 1962. He and his wife, Marilyn, obtained BS and MS degrees from East Texas State University in Commerce in 1965-67. They moved to Montana for him to pursue a Ph.D. at the University of Montana. Following educational pursuits, both became science teachers in Helena, Montana. At mid-career, they founded the Montana Science Institute, which gained national recognition for their efforts in teaching field research methods to teachers and students in the field of Water Quality and Resource Management. They returned to the family ranch outside of Achille, OK in 2005 where they now reside.



12:30 - 1:20 pm

#### Ditch Toxic Chemicals - Stay Healthy Naturally.

Are your cleaning products making you sick? Learn how to use natural cleaning products to clean and still be healthy.

Dotty Morgan is the owner of Optimum Family Wellness. Her family was introduced to Electordermal Screening (EDS) in 2001 when they were desperately searching for help for her daughter with special needs. They had exhausted all the medical community could offer them with doctors finally recommending heavy medication or institutionalization. However, the answer came in a surprising natural way using EDS technology. Because of the lifechanging results and a new way of thinking regarding health and wellness, Dotty has now dedicated her career to introducing people to the possibilities of a happy healthy lifestyle.



The foundation of the Nature's Source formula is seed extract, a renewable source of plant nutrition that's effective on a multitude of crops, flowers and vegetables.

The easy-to-use liquid mixes instantly with water, and its concentrated formulations make it an economical choice as well. The low-salt formula won't burn crops and improves plant quality.

Nature's Source® Plant Food is manufactured by Ball DPF, LLC, in Sherman, Texas. Call 888-839-8722 for more information.

Dr. Jeannine Hatt, MD Dr. Chuck Phelps, MD

(903) 416-6200

Promoting a healthy planet for healthy lives!



1:30 - 2:20 pm

#### Save Money by Using Seeds

Want to save money and have wonderful bedding plants? Find out how to start your own seeds, both indoors and outdoors and be successful.

Rick and Sharon Reece are international speakers and seminar coordinators. They have authored one book, "Aloha is Forever," and are working on two more. Rick and Sharon are owners and managers along with their two adult children, of Cypress Lake Ranch, LLC near Bonham, TX. They have provided healthy, naturally grown produce and eggs to local residents and Dallas area residents through their partnership with Squeezepenny CSA for the past 5 years. For the past two years they have been regular vendors at the Downtown Denison Farmers Market and at a new Farmers Market in Trenton last year. They also sell produce on site and make deliveries to McKinney, Bonham, Sherman and surrounding areas. Cypress Lake Ranch grows primarily heirloom varieties and does not use pesticides. They consider their gardening practices to be better-than-organic but they are not certified organic, nor seeking organic certification. Cypress Lake Ranch is a lovely place to visit, on a beautiful private lake. They provide a venue for childrens' birthday parties, pony rides, petting zoos, picnics, bonfires and hay rides. Horseback riding lessons are also available. In addition, they offer classes in self-sufficiency and survival techniques from time to time.







# DEPARTMENT

Steve O Black, GCC Fine Arts Chair, 903-463-8662

Thanks for sponsoring Children's Activities and the Recycled Fashion Show

# GRAYSON COLLEGE MUSIC DEPARTMENT



#### AMY HOFFMAN-SHEHAN SALES CONSULTANT

4612 TEXOMA PARKWAY SHERMAN, TX 75090

Office: 903-868-0502 ahoffman-shehan@havertys.com

www.havertys.com

Ask me about the green practices of our vendors

#### 2:30 - 3:20 pm & 3:30 - 4:20 pm

#### **Mosaics from Found Objects**

We will show you how to make beautiful mosaics from found objects that would otherwise be trash. Why not make it Art instead. Covered in this talk will be the supplies needed, how to choose and shape the objects and tiles. Putting on the objects, and curing overnight. Grouting and finishing your project. Have fun and make great Recycled Art!

Lanan Shelton has been an artist for most of her life. She first became interested in Mosaics about twenty years ago. Her initial projects were flower pots and stepping stones, but soon expanded to larger objects and began experimenting with different types of surfaces. Robert Shelton joined in on the fun after Lanan accompanied one of their sons to an old dump, not used since the turn of the century. The dump had been partially excavated by old bottle collectors (their son included). Lanan noticed pottery shards, broken figurines, and other antique objects on the side of the holes. She began collecting them. Robert went with her on the next visit and they collected enough objects to keep them supplied for years. Lanan and Robert have work together on most of their projects since.







# Cypress Lake Ranch

#### CypressLakeRanch.com NorthTexasPettingZoo.com

CypressLakeRanch@gmail.com

Petting Zoos, Pony Rides, Riding lessons Produce and Poultry Without Pesticides Horse Sales

903 583-6036 (h) (214) 681-1306 (c)



#### Sherman Animal Shelter

1800 E. Ida Road, Sherman, TX 75090 903-893-8136

# TAI CHI FOR HEALTH

Stress Relief Meditation Self Defense



Balance Strengthen Muscle & Bone

#### **Debra Williamson**

26 years experience in Martial Arts

(903) 786-4923 hm

chidebwilliamson@yahoo.com

# The 2014 Earth Day Festival Sponsors:

#### **Conservationist:**

CORE

**RRUU Green Team** 

#### **Environmentalist:**

American Bank of Texas City of Sherman

Art From the Heart Grayson College Art Department

Choctaw Nation Going Green CarWraps

**Commodity Recycling Solutions** 

#### **Ecologist:**

Atmos Energy Jan's Musical Melodies

Caterpillar Nature's Source

Douglass Distributing Texoma Print Services
Drs. Jeannine Hatt Wells Fargo Advisors

& Chuck Phelps

#### **Preservationist:**

Belden Street Montessori School Children's Advocacy Center Friends of Hagerman Wildlife Refuge

#### **Recycler:**

All Seasons HVAC Service
Chrystal Music Circle
Colton Jacobson
Cypress Lake Ranch
Denison Farmers Market
Devonshire Recorder Consort

Lanny Joe Burnett
Little Goddess Trybe
Melody Ranch Ramblers
Optimum Family Wellness
Ramey Chevrolet & Cadillac
Red River Valley Dulcimer Club

Emily Claire S & S Children's Choir Friends of Sherman Sherman Animal Shelter

Public Library Sherman Karate eorge Diggs Tai Chi for Health

George Diggs Tai Chi for Health Grace United Methodist Church Terri Lynne Grayson College Music Dept. Two Bears Ranch

Lanan & Robert Shelton Zedrouh Reich

Earth Day 2014