



Keynote Speaker: Robin Sowton11 AM to 12 PM

Main Stage

8:30–9:00 a.m. **S & S Children's Choir**

9:00–9:30 a.m. **Choctaw Blessing**

10:30–11:30 a.m. **Jan's Musical Memories**

Jan Fletcher

Noon–12:30 p.m. University of Gymnastics

Em Sneed

12:30–1:00 p.m. **Tai Chi for Health**

Debra Williamson

1:00–1:30 p.m. **Denison Family Karate**

Sam Perez

1:30–3:00 p.m. Red River Valley Dulcimer Club

Laurel Hamrick

3:00–5:00 p.m. **Jill Brown Studios**

Jill Brown

Children's Events - Ballroom

Creating art objects from materials which would normally go into the landfill

Grayson College Art Department

Make a "leaf crown"

Friends of Hagerman National Wildlife Refuge

Make Coasters & Place Mats from scrap fabric

Children's Advocacy Center of Grayson County

2:30-3:20 p.m.

Story Telling by Lanny Joe Burnett

Workshop Area 1 - Inside Ballroom

10:00–10:40 a.m.	E-Waster Recycling–E – Waste Damages Joan Meek
11:00–Noon	Keynote – Improving Energy Efficiency in Your Home <i>Robin Sowton</i>
12:30–1:20 p.m.	Devonshire Recorder Consort
1:30–2:20 p.m.	Choctaw Nation: Meeting the "Green" Needs of the Community Tracy Horst
2:30–3:20 p.m.	200 Years of Texas Legends Lanny Joe Burnett
3:30–4:20 p.m.	"Fracking" in Texoma Kathryn Baecht

Workshop Area 2 – American Bank of Texas Tent

12:30–1:20 p.m.	Gardening Questions & Answers Frances Nelson
1:30–2:20 p.m.	Composting – or "Just Sitting There" Richard Bayless
2:30–3:20 p.m.	Container and Raised Bed Gardening Rick & Sharon Reece
3:30–4:20 p.m.	Make Laundry Detergent & More Amy Hoffman-Shehan

Related Events

Thursday - April 19

7:00 p.m. "Disney's Earth"

Rialto – Denison *Rialto Theater*

Friday – April 20

5:00 p.m.–7:00 p.m. **Book Sale Preview**

Sherman Public Library *Friends of Library*

Saturday - April 21

8:00 a.m-4:00 p.m. **Book Sale**

Sherman Public Library *Friends of Library*

8:30 a.m-3:00 p.m. **Adopt A Pet**

Festival Grounds

Sherman Animal Shelter

9:00 a.m–2:00 p.m. **Document Shredding**

City Hall South Parking Lot

Wells Fargo Advisors

9:00 a.m–2:00 p.m. Recycle Ink & Toner Cartridges

City Hall South Parking Lot Choctaw Nation – Going Green

9:00 a.m-2:00 p.m. **Recycle Styrofoam**

City Hall South Parking Lot Choctaw Nation – Going Green 9:00 a.m–2:00 p.m. **Recycle Medicine Bottles**

City Hall South Parking Lot Choctaw Nation – Going Green

9:00 a.m–4:00 p.m. E-Waste Recycle

City Hall South Parking Lot Electronic Waste Disposal

United Electronic Recycling, LLC

10:00 a.m-4:00 p.m. Batteries Recycle

Information Booth *Batteries Plus*

10:00 a.m-4:00 p.m. Baseball Cap Recycle

Information Booth

Red River Unitarian Universalist Church

10:00 a.m-4:00 p.m. Blood Donations

Blood Mobile

Texoma Blood Mobile

10:00 a.m-5:00 p.m. Eyeglasses Recycle

Booth 17

Sherman Noon Lion's Club

10:00 a.m-5:00 p.m. Childrens Art Show

Ballroom

Art From the Heart

10:00 a.m-5:00 p.m. Recycled Sculpture Art Show

Ballroom

Grayson College

About the Entertainers

Please check out our website at www.earthdaytexoma.org for more complete biographies.

Main Stage

S&S Children's Choir is performing for their fourth year at the Texoma Earth Day Festival, singing a program of Earth Day and Patriotic songs. The after school choir has been in existence for four years. The students meet on Wednesday afternoon for an hour and a half. There are between 60 and 70 third through fifth grade students that audition for this after school program. We just do this for the love of singing. The choir has received a first place rating for three years at the Sandy Lake Fun Fest Competition. We have also been privileged to sing with both Sherman High School and Denison High School for their Christmas Concerts. These boys and girls work very hard and have fun while doing it. They are great singers.

Choctaw Blessing – The festival will open with a blessing in Choctaw and English provided by an elder of the Choctaw Nation.

Jan's Musical Memories – Jan Fletcher is performing for the fourth year at the Texoma Earth Day Festival. She has been associated with the Dallas Symphony Chorus, Lone Star Sound and Vocal Venue, all in the Metroplex. Since she moved to





Phone: 903-892-8396

Email: jans_melodies@msn.com

Check "Jan's Musical Memories" on FaceBook

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An environmental-action small-ministry circle

Red River Unitarian Universalist Church

515 N. Burnett Ave, Denison, Texas 75020

Our purpose is to educate and to live environmentally aware practices. We meet at 7:30 PM on the 3rd Tuesday of each month.

Facilitator: Amy Hoffman-Shehan (903-231-3232)

www.rruu.org

All those who love the Earth are welcome!

Thanks for organizing the Earth Day Festival

the Texoma area in 2007 she has performed with the Sherman Community Players in "The Music Man", in the Rehabilitation Center's "Search for the Stars" in 2010 and 2011 and also joined the Villager's Chorale in 2010. Jan's Musical Memories began in 2005 in the Metroplex to provide vocal entertainment for a variety of senior living facilities. She now covers Grayson, Collin, Bonham, Denton, Dallas and Wichita Counties in Texas singing for seniors, service organizations, private parties, and special events. The program includes Big Band and Pop Standards, Broadway Blockbusters, Classic Country, Early Rock n' Roll, Hit Parade Favorites and Nostalgic Oldies from the 20's thru the 80's.

University of Gymnastics Demo – University of Gymnastics is celebrating more than 30 years in existence as a company, and three years here in Texomaland. U of G is a full service gymnastics studio offering classes for boys and girls ages 18 months to 18 years. University of Gymnastics is home to the U of G Learning Academy (a state licensed Preschool Program) and provides gymnastics, cheerleading and tumbling classes year round. Em Sneed, the owner, holds a B.A. in Communications and Health from Texas A&M University at Commerce and maintains various professional memberships in the gymnastics industry. She and her husband, Timothy, reside in Sherman with their "daughter" ZuZu









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Thanks for sponsoring the American Bank of Texas Workshop Tent **Tai Chi For Health** – Tai Chi is a very old Chinese martial art form. It can be thought of as a slow moving meditation. You get the same benefits of an aerobic workout without the jarring on the joints – which is great for arthritis. In Tai Chi you will learn how to release your stress, improve your balance and prevent falls, strengthen your muscle and bone mass, relax your mind and body, breathe properly, improve your circulation, flexibility and posture. Tai Chi is also known to lower your blood pressure and help with depression. Although you would not think so, every movement is also for self-defense. You are never too old to begin. Debra Williamson is a 4th degree black belt with 28 years experience in the martial arts. She is a native of Sherman, Texas and now lives in Pottsboro. She currently is teaching Tai Chi and Karate in the Sherman area at her Dojo in Westwood Village. For more info call 903-786-4923.

Dr. Jeannine Hatt, MD Dr. Chuck Phelps, MD (903) 416-6200

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Denison Family Karate Center – A few members of our Black Belt Club will perform a demonstration of martial arts techniques under the direction of Master Sam Perez. The students will use a variety of weapons in addition to self defense and other martial arts techniques such as kicks, jumps and punches.

Red River Valley Dulcimer Club Jam – The RRVDC is returning for their fourth year performing at the Texoma Earth Day Festival. They are a local club comprised of members from all over the Texoma area playing many acoustical instruments but primarily the hammered dulcimer and the mountain or lap dulcimer. They meet





the 3rd Saturday of the month at Durant First Nazarene Church and meetings are open to all. Each year in October they host a free weekend festival (October 12-13th 2012) called "Winter Creek Reunion Dulcimer & Acoustic Music Festival" which has free classes, jamming and entertainment.

Jill Brown Studios is a vocal/piano performance studio located in Sherman, Texas. Jill Brown has been training children and adults for 30 years in the area. Jill is a professional performer who has performed for President George Bush, opened up for Reba McEntire, Joe Nicols, Willie Nelson's Fourth of July Picnic at the Ft. Worth Stockyards. Brown has also performed the National Anthem for the Texas Rangers many times at Ameriquest Field in Arlington. Brown performs in Branson, Missouri and so have many of her featured students. The students performing at the Texoma Earth Day Festival will be performing a variety of music, for example, country, broadway, some gospel and also inspirational. They take private lessons from Jill Brown Studios and are trained in vocal, stage performance and also building confidence on stage and in communication.





EWaste? call EWD Joan Meeks 817.300.6958

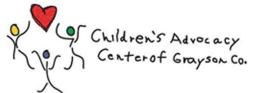




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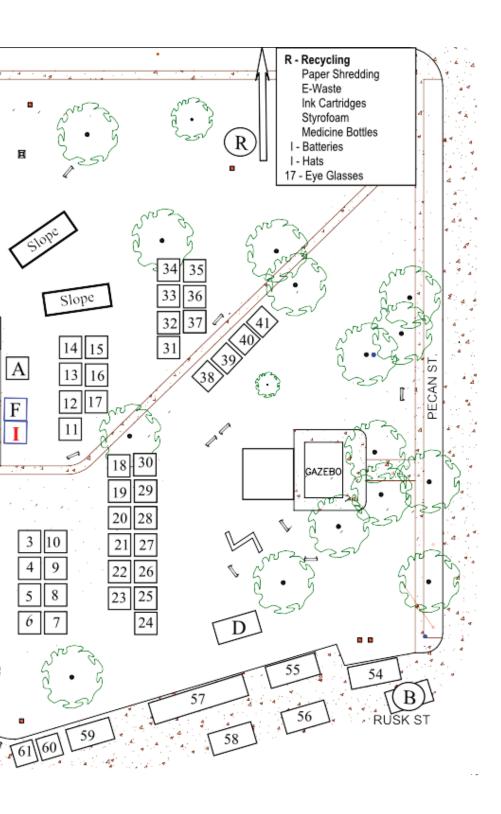
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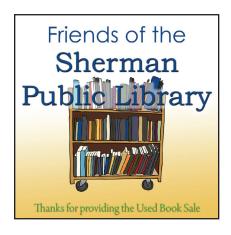


Workshop Area 1

E-Waste Recycling – E-Waste Damages – E-Waste Creates

Jobs – Joan Meeks will answer some of the most commonly asked questions about E-Waste. What is E-Waste? - An explanation of products and/or items termed to be e-waste. What Toxins are in E-Waste? - A description will be provided of the harmful chemicals in e-waste. How did e-waste create jobs? - Information and explanation along with statistics and legislation that has created 10x more jobs than traditional positions. Joan Meeks is a founding partner of EWD (Ewaste Disposal) located in Dallas. Sustainable innovation is her professional mission. Knowing waste to landfills could be reduced Joan became involved with the USGBC North Texas chapter promoting LEED projects to target reuse, reduction and recycling as benefits.

Robin Sowton – The Keynote for the April 21, 2012 Earth Day Festival is on Improving Energy Efficiency in Your Home. Robin will help you learn useful tips for making existing homes more energy efficient. Her presentation includes practical advice on heating/cooling, insulation, weatherizing, lighting, appliances, pools, and other energy saving practices. Robin Sowton has served as Conservation Chair and Executive Committee member for the Dallas Sierra Club over the past four years. She has helped





organize several issues-based campaigns and she speaks regularly on home energy efficiency, North Texas water, and green living. She was Founder of the Dallas Green Zine from 2007-2010 and spent a year working with Memnosyne Foundation to launch Green Source DFW. She is a former organizer for the Dallas Alternative Energy and Dallas Sustainable Living and Organic Gardening meetup.com groups and she is also a Texas Master Naturalist with the Blackland Prairie chapter. Robin currently resides in Murphy, TX where she is trying to restore nature to a suburban backyard.



Look at our website for a directory of Local Food Producers and Markets and to learn how YOU can get involved in making Texoma green!

Thanks for providing Graphic Design Services





Devonshire Recorder Consort – Mary Jo Tonelli (Soprano); Carla Murphy (Alto); Suzanne Durland (Alto); and Lois Roberds (Tenor). Devonshire Recorder Consort is a recorder quartet which has been together for over three years and has performed for several local nursing homes and for events, such as Earth Day. Most of their music was written in the 16th Century, but they also play classical pieces by Bach, Beethoven and other composers. Their programs also include a variety of folk tunes, holiday favorites and patriotic songs. All of their members have a background in music and playing in musical ensembles. Carla Murphy arranges most of the music for Soprano./2 Altos/Tenor. They meet every Wednesday afternoon at Dr. Tonelli's home on Devonshire Street in Sherman.

Choctaw Nation: Meeting the "Green Needs" of the

Community. – A workshop providing information about recycling and how we are working with others to recycle, also what can be recycled and where. Information about other ways the Tribe is working to be green and sharing the simple ideas that anyone can do. Tracy Horst is the Director of Project Management for the Choctaw Nation of Oklahoma and is also responsible for the "Going Green" initiative. In this position, she plans, coordinates and assists in executing the activities of the Nation's Going Green Team and community recycling events. She is also responsible for managing Choctaw Nation Recycling, a facility open to the public which accepts numerous types of material for recycling. Tracy has worked for the Tribe for just over five years and she serves as a board member for the Oklahoma Recycling Association (OKRA). She holds Bachelor's degrees in Chemistry and Biology and has spent much of the past three years learning about what can be recycled.

200 Years of Texas Legends – Lanny Joe Burnett is a Poet, Storyteller Extraordinaire. This workshop is for all ages and will include poems, stories, and songs with a few tips for writing and performing included in the mix. Lanny Joe has performed at venues across the United States, in Western Europe, Central Asia, and in the galley of a 777, high above the Atlantic Ocean. His poems and performances have won best of show at gatherings in Texas and Oklahoma. Several times, the Academy of western Artists and the Western Music Association have nominated him as "Cowboy Poet of the Year". The Western Legends Roundup Poetry Rodeo in Kanab, Utah honored him with first place in their competition. Lanny Joe currently serves as Single Adult leader in his church and teaches a weekly Bible study. He is proud to drive a pickup truck that makes carwash employees run for cover. Lanny Joe is available for workshops, church and school appearances, and public and private performances.

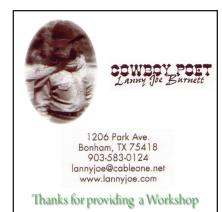
Dangers of and problems with Hydraulic Fracturing (aka Fracking) along with information about fracking taking place in Texoma: Is hydraulic fracturing for natural gas (commonly known as fracking) a safe and environmentally sound practice? Many Texans are aware of the intensive fracking being done in the Barnett Shale in an around Ft. Worth, but not everyone is aware of how widespread the practice is becoming statewide, including here in the Texoma area. In this workshop, we will show you how fracking may impact your community as well as the larger environmental picture. We will be especially focusing on the issue of water usage in the fracking process, a subject of great importance here in water-strapped Texas. Kathryn Baecht is a long time community organizer and environmental advocate. A Fannin County native, Kathryn is perhaps most proud of her work as one of the founding Board Members of the Texomabased environmental advocacy organization CORE, which led a successful fight against a proposal to build a coal-fired electric generation plant on the Fannin/Grayson County border. CORE is currently working to promote local and sustainable agriculture in the Texoma area, raise awareness about hydraulic fracturing and is spearheading an effort to start a community garden in Bonham.



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Workshop Area 2

Gardening Questions & Answers with Frances Nelson –

Frances Nelson of Miss Daisy's Garden will be taping her radio show with questions asked by the Earth Day Festival attendees. Frances, a Master Gardener tapes her show during the week and it airs on Saturday at 9:00 on KJIM 1500 AM radio. Come enjoy taking part in a radio broadcast.

Composting - or "Just Sitting There" – Basic Composting information with examples of why a compost pile might fail. Richard Bayless is the Sherman Community Gardens Grounds Keeper. He has been a resident of Sherman for 15 years. Richard started gardening as a child in his backyard. He studied Horticulture at Skyline CDC and Richland CC, both in Dallas. He worked for eight years as a Nursery Professional / Horticulturist at North Haven Gardens in Dallas and for two years at Twin Oaks Nursery in Denison. He has worked in Plano at TruGreen LawnCare as a Lawn Technician. Since 2009 he has been employed as a gardener for an estate in Grayson County. He is a founding member of the Sherman Community Garden, started in 2008 - check out their website at www. ShermanCommunityGardening.org and he volunteers with the Grayson County Master Gardeners.

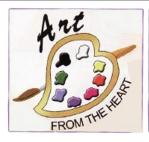
Container and Raised Bed Gardening Workshop – Topics to be discussed will include: advantages and disadvantages of both container and raised bed gardens as well as their similarities and differences; Special situations that may indicate which kind or which combination would be best for you; How to build a raised bed garden, what materials to use, ideas for watering systems, etc. We will also mention the Mittleider method which is a combination of hydroponics, organics and raised bed gardening; and an explanation of the types of containers that may be used and why, including new, recycled, barrels, vertical, modified hydroponic and briefly touch on hydroponic and aquaponic systems. There will

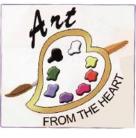
be a demo of how to make a strawberry or herb vertical garden. Rick and Sharon are owners and managers along with their two adult children of Cypress Lake Ranch, LLC near Bonham, TX. They have provided healthy, naturally grown produce and eggs to local residents and Dallas area residents through their partnership with Squeezepenny CSA for the past 3 years. This year they are expanding to provide weekly produce to their own CSA members as well as continuing to provide locally grown, healthy produce for Squeezepenny CSA which delivers to McKinney, Plano and Frisco residents. In addition they offer classes in self-sufficiency and survival techniques from time to time.

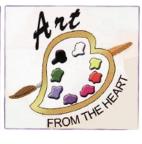
Make Laundry Detergent & More – Did you know you can make your own phosphate free laundry detergent and dishwasher detergent for pennies? Amy Hoffman-Shehan, one of the organizers of the Texoma Earth Day Festival, will teach you how in a hands-on demonstration. Participants will learn how to make phosphate free laundry detergent and dishwasher detergent, household cleaners, natural shampoo that is free of formaldehyde and other harmful chemicals, and natural toothpaste. Recipes and instructions will be available as handouts, and samples will be distributed. Amy Hoffman-Shehan became interested in making her own household cleaners and using natural alternatives to commonly used chemicals thirty years ago after an asthmatic reaction to chemical exposure. She recently expanded her interests to include laundry detergent, shampoos, and toothpaste. Amy has been passionate about environmental issues for many years because of a deep connection to nature. She facilitates the Green Team at Red River Unitarian Universalist Church, which works with a dozen other area organizations to coordinate the Texoma Earth Day Festival.











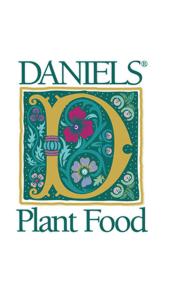
Art classes for ages 2-102

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Earth Day 2012

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