

EARTH DAY FESTIVAL 2009

SAVE MONEY -
SAVE THE PLANET



PROGRAM

The 2009 Earth Day Festival Sponsors:

Conservationist Level

107.3 Doc FM
RRJU Green Team

Environmentalist Level

City of Sherman
Texas Illegal Dumping Resource Center
Red River Unitarian Universalist Church
Austin College Ctr. for Environmental Studies
All Saints Camp - Jolt Camp
Lone Star Ambulance
Wachovia Securities
Texoma Print Services
Best Buy

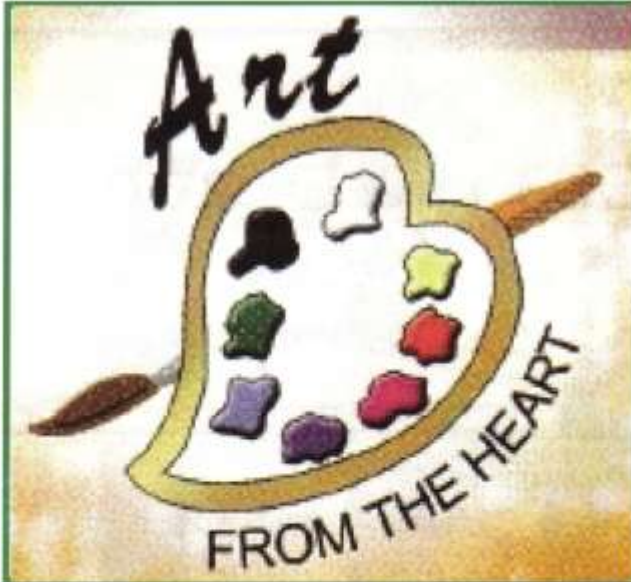
Preservationist Level

Art from the Heart
Green Market Natural Foods
Center for Workplace Learning
Texoma Landscapes and Garden Center
Jeannine Hatt, MD and Chuck Phelps, MD
Texoma Children's Museum
Covenant Presbyterian Church & Covenant Cooks
NT Electric Automobile Association
CableOne Advertising

Recycler Level

Atmos Energy
CORE
Drew Wade, MD
Lowe's
Grayson County Master Gardeners
Red River Rose Society
Rapid Refill Ink
Belden Street Montessori School
Grayson County Democrats

Thank you to Tom Chapin and J. Forster for allowing the 2009 Earth Day Festival to use the CD of "This Pretty Planet" from their album of the same name. ♪



Art from the Heart

314 N Walnut St, Suite D
Sherman, Texas, 75090

Director Barbara Powell

903-819-4213

*Green Market Natural
Foods & Vitamins
4909 Texoma Parkway
Suite 103
Sherman, TX 75090-2000
Phone: (903) 892-8667*



**Center for
Workplace
Learning**

Center for Workplace Learning

6101 Grayson Drive
Denison, Texas 75020
(903)463-8750

cwl@grayson.edu



Texoma Landscapes & Garden Center

903.465.5465

www.texomalandscapes.com

Red River



102 W. Harrison | P.O. Box 1806 | Denison, Texas 75021
(903) 463-3399 | info@rruu.org

SUNDAY SCHEDULE

Adult Religious Education (child care provided): 10:00 a.m.
Worship Service and Children's Religious Education Class: 11:15 a.m.

401 W. Main Street
Denison, TX 75020
Phone: 903-463-5678

Email: info@texomachildrensmuseum.org
Web: www.texomachildrensmuseum.org



Texoma Children's Museum

APRIL 2&3 Closed

Museum Hours
Thurs-Sat, 10 a.m.-5 p.m.

Group and Field Trips Available
Tues. and Wed.
Call (903)-463-5678
for more information
or visit the Plan Your Visit Page


Admission Prices:

Join Cableone Advertising
at the
**2009 Earth
Day Festival**

Workshops
Children's Activities
Plant Sales
Community Wide
Paper Shredding
Blood Drive
Vendors
Tours of Sneed Prairie
Great Food
Much Much More!

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RENEWABLE ENERGY IS
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THE PRICE IS DROPPING.
THE REST OF THE WORLD
IS GOING THAT WAY.
THAT'S WHERE OUR
INVESTMENT SHOULD BE
GOING AS WELL.*

- BOB BROWN

Dr. Jeannine Hatt, MD

Dr. Chuck Phelps, MD

*Promoting a healthy planet
for healthy lives!*





Austin College Center
for Environmental Studies
Sherman, Texas

<http://www.austincollege.edu/Category.asp?1450>



Texas Illegal Dumping Resource Center

John Ockels, Ph.D., Director

903/891-3632

ockels@tidrc.org

www.tidrc.org



KEY NOTE ADDRESS

9:00 GEORGE DIGGS

PROFESSOR OF BIOLOGY, AUSTIN COLLEGE

INDOOR WORKSHOPS

10:00 BUILDING ULTRA-ENERGY EFFICIENT HEALTHY HOMES

RICHARD RUE, ENERGYWISE STRUCTURES

11:00 WIND ENERGY

JEFF HATCH, IMPERIAL ELECTRIC, INC.

12:00 GREENING YOUR BUSINESS

AMY HOFFMAN-SHEHAN, KRUU GREEN TEAM

2:00 SOLAR ENERGY

DON HEAROLD, IMPERIAL ELECTRIC, INC.

2:00 ENERGY EFFICIENCY IN OLDER HOMES

ROBIN SOWTON, DALLASGREENZINE.COM

3:00 CARBON FOOTPRINT REDUCTION

MARLA LOTURCO, KRUU GREEN TEAM

4:00 GREENING YOUR CONGREGATION

GARY STUARD, INTERFAITH ENVIRONMENTAL ALLIANCE

OUTDOOR WORKSHOPS

10:00 ROSE PROPAGATION

SUE ZANNE PETERSON, RED RIVER ROSE SOCIETY

10:30 EARTHKIND LANDSCAPE ROSES

SUE ABERNATHY, RED RIVER ROSE SOCIETY

11:00 ELECTRIC AUTOS & LAWN EQUIPMENT

JOHN BRECHER & PAUL SCHAFFER, NTEEA

12:00 YARD WASTE COMPOSTING

DAVID THOMPSON, TCEQ MASTER COMPOSTER

1:00 RAINWATER HARVESTING

STEVE FLEMING, GRAYSON COUNTY MASTER GARDENER

2:00 YARD WISE PRACTICES

DAVID THOMPSON, GRAYSON COUNTY MASTER GARDENER

3:00 SQUARE FOOT GARDENING

PAT ABRAMSON, HUNT COUNTY MASTER GARDENER & INSTRUCTOR

4:00 BEE KEEPING

NICOLE PETTIBON, TEXAS HONEY QUEEN

COVENANT PRESBYTERIAN CHURCH

10:00 HEALTHY COOKING & SHOPPING

CINDY PATTERSON, INSTRUCTOR & MENTOR

Brad LaRock
General Sales Manager
The NEW 107.3 DOC FM
900 East Pecan Grove Road
Sherman, TX 75092
brad@1073docfm.com

903-868-1073 Studio



903-893-5625 Office

1:00 **Healthy Cooking & Shopping**
Cindy Patterson, Instructor & Mentor

ALL DAY

CHILDREN'S ART SHOW IS IN COVENANT PRESBYTERIAN CHURCH

CHILDREN'S ACTIVITIES

TRASH AUDIT EVERY HOUR ON THE HOUR

ANIMAL ADOPTIONS

ANNUAL PLANT SALES

GRAYSON COUNTY MASTER GARDENERS

RED RIVER ROSE SOCIETY

SNEED PRAIRIE TOURS

CATCH THE TAPS BUS AT THE FRONT STEPS OF KIDD KEY AUDITORIUM AT:

11:00

12:30

2:00

3:30

RECYCLE YOUR BLOOD DRIVE

10:00 - 4:30

COMMUNITY WIDE PAPER SHREDDING EVENT

10:00 - 2:00 (THANKS TO WACHOVIA SECURITIES FOR SPONSORING THIS EVENT)

MUSIC

10:00 JAN FLETCHER

OLDIES/POP

11:00 MISSY MCDANIEL

ACOUSTIC ALTERNATIVE MUSIC

12:00 DRUNKIN HOWARD

ALTERNATIVE BAND

1:00 S & S CHOIR

GREEN SONGS

2:00 SHERMAN CHOIR ENSEMBLE

BROADWAY SONGS

3:00 RED RIVER VALLEY DULCIMER CLUB

FOLK MUSIC

4:00 BLACK LIQUID HALO

BLUES ROCK

Red River Unitarian Universalist Church

THE GREEN TEAM

An Environmental Action Small Ministry Circle. We meet at 7:30 p.m. the second Tuesday of each month.

Our purpose is to educate, and live environmentally aware practices

ALL THOSE WHO LOVE THE EARTH ARE WELCOME!

Facilitator: Amy Hoffman-Shehan

903-821-8198 cell



A Special Thanks To
Lone Star Ambulance
For the First Aid Station

301 N Highland Ave
Sherman, TX 75092

(903) 868-2824

In case of an emergency, call 911.



**WACHOVIA
SECURITIES**

Earth Day Festival Sponsor for
The Paper Shredding Event
THANK YOU, WACHOVIA!

123 N Crockett St, Sherman, Ste 200,

(903) 893-4602

Sherman TX (Store 1023)
Sherman Town Center
823 N Creek Dr
Sherman, TX 75092
903-870-1837

**BEST
BUY®**



We gratefully thank
Texoma Print Services
for their sponsorship of this program
and their green practices

Phone: 580-924-1120 Fax: 580-924-1131

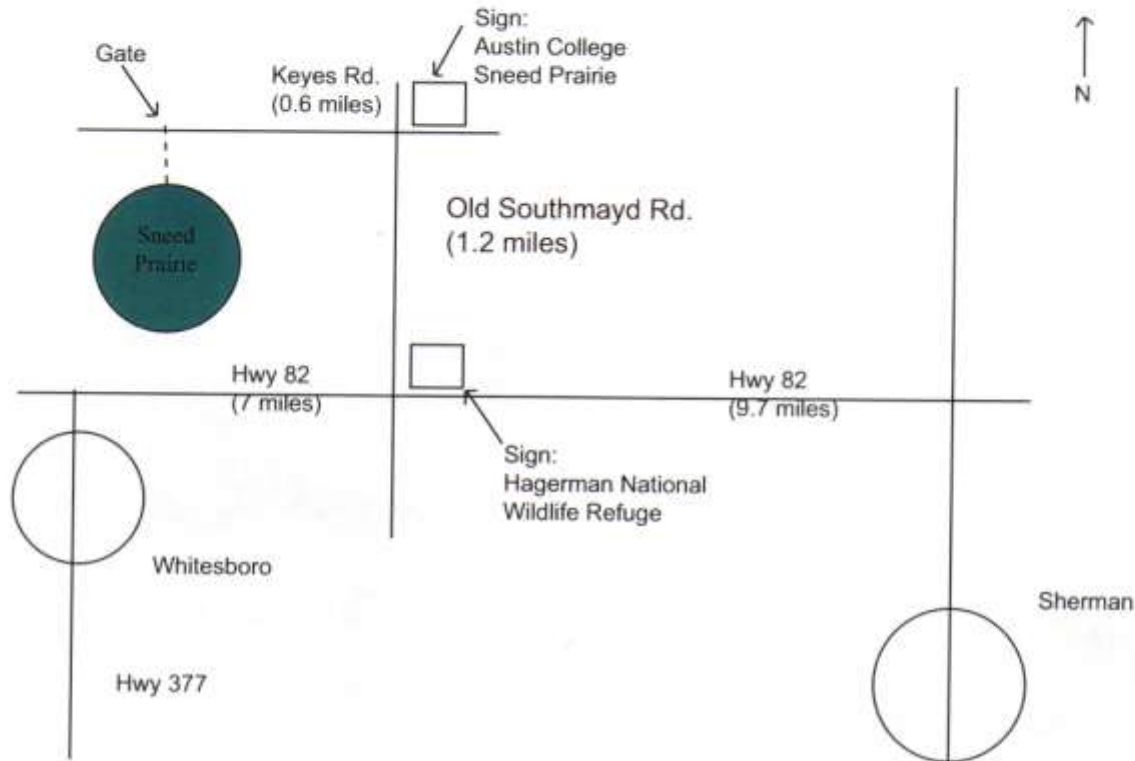
126 N. 3rd

Durant, OK 74701

sales@texprintone.com

www.texprintone.com

DIRECTIONS TO SNEED PRAIRIE



GEORGE M. DIGGS, JR., Ph.D.
*Botanist
 Professor of Biology*
 903-813-2246
 Fax 903-813-2420
 Home 903-868-1642
 gdiggs@austincollege.edu



AUSTIN COLLEGE
 900 NORTH GRAND, SUITE 61564
 SHERMAN, TEXAS 75090-4400

PETER SCHULZE, Ph.D.
*Professor of Biology and
 Environmental Science
 Director, Center for Environmental
 Studies*

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 Fax 903-813-2420
 pschulze@austincollege.edu



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Bill Balch, MD
1014 Memorial Dr
Floor 1
Denison, TX 75020
(903) 416-6000

Claudette Callaway Galen, OD

Therapeutic Optometrist
Glaucoma Specialist

4025 Lamar Ave.
Paris, TX 75460

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Fax: 903-739-9084



NICOLE PETTIBON
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For more info visit www.greencleanerscouncil.org.

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Jeff Hatch
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Cell Phone: 214-697-9601
Email: jhatch@imperialelectricinc.com

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iea

Interfaith Environmental Alliance

Gary Stuard - Founder/Chief Organizer
garstu@mymailstation.com

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LIVING GREEN INFORMATION:

Recycling Outside the Box:

Plastic bags - clean bags of all kinds, plastic wrap, shrink film, ect can be recycled at grocery stores

Clothes – donate to your local thrift store or Dress for Success (charitable organization that helps low income women in their job searches). Sisters of Service takes prom dresses to give to local teens.

Rags - the Crisis Center Thrift Store sells rags to a recycler as part of their fund raising efforts

Computers – Goodwill on Texoma Parkway, MHMR Services of Texoma, Best Buy for a fee that is offset by a gift card

Batteries – Batteries Plus takes all kinds

Motor oil – TASWA landfill

Shredded paper can't go into your recycle container – consider composting it

322 W. Pecan Street
Sherman, TX 75090
(903) 892-1502

Worship Services:
Sunday School: 9:30am
Worship Services: 10:50am
Neill Morgan, Pastor

Covenant Presbyterian
Church Cooks
Community Outreach Program
Emphasising
Hands-On Food Prep
Healthier Eating
Frugal Shopping



COVENANT
PRESBYTERIAN



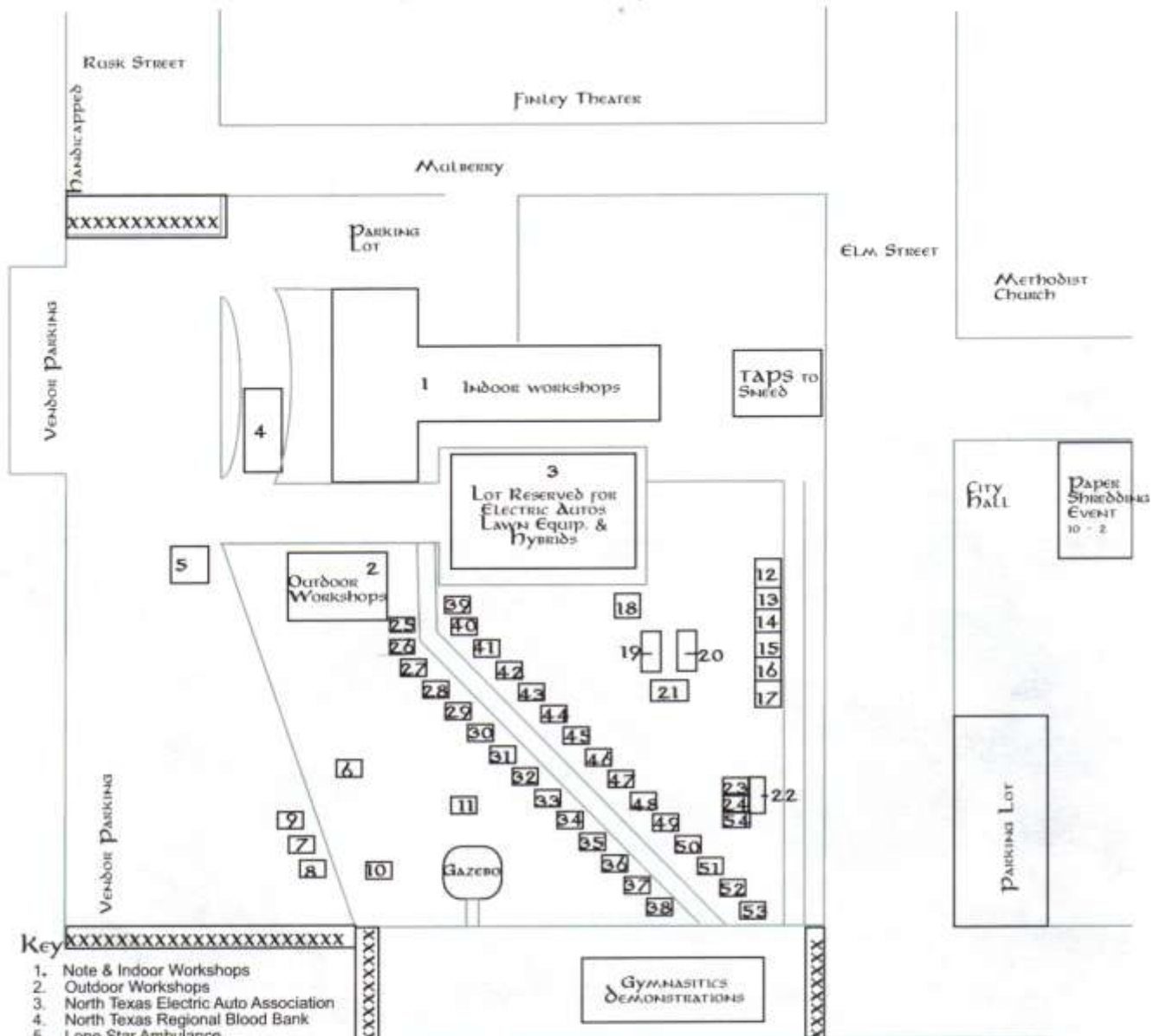
903-892-1502



Club Contact:
John Brecher
President

Cell : 214 - 448 - 2911

www.ntaaa.org



Key XXXXXXXXXXXXXXXXXXXXXXXXXXXX

- 1. Note & Indoor Workshops
- 2. Outdoor Workshops
- 3. North Texas Electric Auto Association
- 4. North Texas Regional Blood Bank
- 5. Lone Star Ambulance
- 6. Shade for Eating Area
- 7. Chino's Mexican Corn
- 8. Lone Star Grill
- 9. Sherman Animal Shelter
- 10. Information Booth & Volunteer Central
- 11. IMAV Sound Booth
- 12. Grayson County Master Gardeners
- 13. Red River Rose Society
- 14. Sherman Community Garden
- 15. Texoma Landscapes & Garden Center
- 16. Eden's Window Organic Farm
- 17. Bailey's Berry Patch
- 18. Bob / Blake Utter Ford (2 spaces)
- 19. All Saints Camp - Jolt Camp (Sponsor)
- 20. Texoma Children's Museum (Sponsor)
- 21. Belden Street Montessori School (Sponsor)
- 22. Home Depot (2 spaces, electricity)
- 23. Friends of Hagerman Wildlife Refuge (electricity)

COVENANTRY
PRESBYTERIAN
CHURCH

CHILDREN'S
ART SHOW
AND
COOKING CLASSES

- 24. Knight Family Chiropractic (electricity)
- 25. Best Buy (Sponsor)
- 26. CORE (Sponsor)
- 27. Lowe's (Sponsor)
- 28. Lowe's (Sponsor)
- 29. Green Mountain Energy

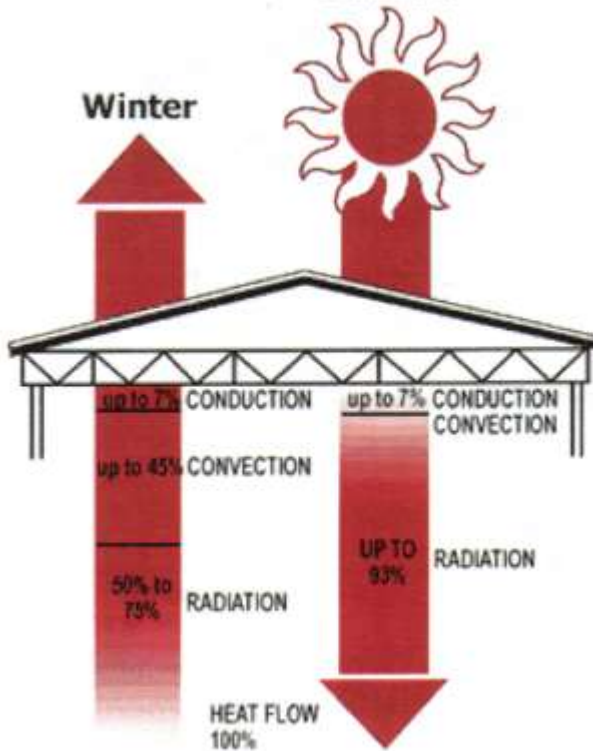
Gymnastics
Demonstrations

- 30. Designs of Ancient Texas
- 31. Success Center for Learning
- 32. Sun City Solarenergy
- 33. C & N Services
- 34. MHMR
- 35. Amway
- 36. Texas Honey Queen Bee Keepers
- 37. Interfaith Environmental Alliance
- 38. Energy Wise Structures
- 39. Rapid Refill Ink (Sponsor)
- 40. Grayson County Democrats (Sponsor)
- 41. Energy Conservation Services
- 42. Atmos Energy

- 43. Hip Green Baby
- 44. MSD Construction
- 45. Imperial Electric
- 46.
- 47. Shaklee / Abida Twigg
- 48. Habitat for Humanity of Grayson County
- 49. Texoma Parks & Trails Alliance
- 50.
- 51.
- 52.
- 53.
- 54. Cable One Advertising

**We gratefully thank
The City of Sherman
for use of its facilities**

Summer



Radiant Foil Barrier Conductivity

INTERESTING MONTHLY ELECTRIC USAGE FACTS

Air Conditioning.....	\$76.20
Clothes Washer & Dryer 20 full loads.....	9.80
Coffee Maker 2 hours per day.....	8.40
Computer running 24/7.....	27.22
Computer running 10 hours per day.....	11.34
Computer in Power Save Mode 14 hours per day.....	3.53
Dishwasher 30 full loads.....	8.40
Electric Blanket eight hours per night.....	3.36
Hir Dryer 15 minutes per day.....	1.97
Lights.....	17.85
Refrigerator running 24/7.....	13.33
Phantom Loads Items that draw power even when turned off.....	9.10
Plasma TV 2.5 hours per day.....	7.28
Plasma TV in Power Save Mode 21.5 hours per day.....	33.32

GREEN Clothing Tips

<http://www.earthshare.org/2008/09/clothing.html>

What do you wear to work? Synthetic fabrics may require expensive dry cleaning involving potent chemicals that can contribute to air and water pollution when not handled properly. The alternative?

Check the label. Avoid clothing that requires dry cleaning. Choose cotton and wool. Natural fibers are easier to care for at home. Often they can be washed in cool water and hung out to dry, reducing chemical use and energy, too.

Try fabric blends. Fabrics that are a blend of cotton and synthetic fibers can usually be laundered at home.

Dress down. Fancier outfits seem to require more dry cleaning than casual wear. Encourage your office to implement a "casual day" on Fridays.

Dressing Right For Mother Nature

You can dress like you really care for the earth - by buying clothing made from fibers produced with few or no pesticides.

Organic cotton clothing includes t-shirts, blouses, stockings, and sweaters. Some organic cottons require little or no dyeing because they grow in pale colors, such as green, brown and white.

Fabric made from fast-growing, low-impact hemp is being used in gloves, jackets, shoes and sandals, among many other fashion mainstays and accessories.

Energy-saving recycled polyester is being made into pull-overs, jackets, vests, and footwear.

Look for natural clothing alternatives, particularly in eco-catalogues, at various outfitter shops and on the Internet. Check consignment shops and yard sales for perfectly good "recycled" clothes, especially for kids!

**Pulmonary Diagnostics
and Therapeutics**



Dr. Andrew Wade, M.D.

809 Gallagher, Suite A
Sherman, Texas 75090
903-868-0634